

One Session: \$40 (allow 30mins for a session)

Six Sessions: \$180

**An Ionic Cleanse Foot Spa** is a gentle and effective way to detoxify and cleanse the body by drawing the impurities out of the body through the feet. As your feet soak in the ionic foot bath, your body will undergo an amazing cleanse of toxins, some of which have been stored for years.

The Dr Detox Ion Cleanse used at Belle Affair is a gentle non-invasive therapy which re-energises, naturally detoxifies and helps restore the body's natural equilibrium and well-being.

Every body is different and therefore results vary from person to person. Many people report an increase in energy, mental clarity, better sleep, a reduction of bloating and a decrease in symptoms from ailments caused by toxic buildup.

In a healthy body, 80% negative electricity (usually known as negative ions) and 20% positive electricity (positive ions) should be present. The human body is like a giant magnet that attracts and holds onto toxins. Heavy metals, partially oxidized fats, disassimilated proteins, cholesterol deposits, uric acid, plaque, lactic acid and the vast array of chemicals that pervade our water, air and food attach themselves in ionized form to joints, organs, arteries, nerves and tissues. These toxins disrupt normal body functions creating an environment for disease, allergies and immune system problems.

### **How does it Work?**

During an Ion cleanse treatment the Dr Detox delivers a small amount to low level electrical current into the array (electrode), which results in a reaction between the array, the water and the Himalayan salt (added to help conductivity and increase ionization effect) to generate positively and negatively charged ions.

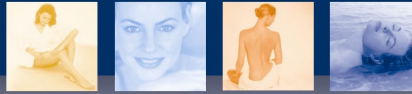
When the feet are placed in the water the interaction of the positive and negative ions re-energises, revitalizes and supports the body's innate ability to rebalance and achieve a higher state of well being.

### **Who can use the Dr Detox?**

Almost everyone can enjoy the benefits of Dr Detox, but it is recommended that people with a pacemaker or any metal implants, sufferers of heart conditions, severe high/low blood pressure, diabetes, epilepsy or seizures, pregnant or lactating women, organ transplant recipients and people with open wounds do not undergo this therapy.

**The Dr Detox Ion Cleanse treatment does not claim to cure nor is it a medical device. Suffers of specific symptoms, health issues or a medical condition are required to seek advice from a medical professional before using the Ion Cleanse.**

# belle affair



skin therapy and day spa

Source: "Experience an all natural cleanse with Dr Detox" (instruction booklet)